

Thank You for Being a Friend

Club 55 Senior Center

By Club 55 Senior Center Correspondent Carol Burrows

As this cold weather set in, I thought more about folks that I have not seen coming to Club 55. I know that some are hesitant to spend much time in public places because they are trying to avoid all variants of COVID. I understand this but also know that it becomes pretty lonely for people that live alone and have limited socialization. The effects of isolation can be significant and are harmful to our well-being, both physically and emotionally.

As I was thinking about what could be done to help us through the pandemic, I was thinking of my Grandma Olson and her sister Susie. Grandma Olson lived in the country on a farm and Susie lived a few miles away in town. It was a time when telephones hung on the wall and there were party lines. Sometimes this provided neighbors the ability to visit with each other or hear another voice whether the call was meant for them or not! Grandma and Aunt Susie seemed to catch up with a visit on the phone every day. That technology seems pretty outdated now but was such a great thing for them.

It made me wonder if we could start a 'Calling Buddy Club' for anyone who would like to participate. There are people who have limited mobility, live alone, are far from family members, or just hunkering down during COVID and might welcome a friendly voice now and then. If you would like to give it a try, just call Club 55 at 920-728-2176 and leave your name and number and anything else you feel important. We'll see if folks are interested and then get set up.

This week's greeting card class with Pat reminded us that Valentine's Day is just a couple of weeks away. There were some beautiful cards completed and ready to go in the mail. Pat provides the patterns and supplies so all you need to do is show up on Thursdays at 10:45 for this free class.

Want a great way to start out your week? Popcorn and Movies are on the schedule for Monday afternoons at 1:30. Come and join us...bring a friend!

We are also looking forward to being able to offer some day trips and would like your ideas of places you may want to see or do. Call Club 55 at 920-728-2176 with your ideas.

The February bingo dates are Wednesdays the 2nd and 16th. Find something red that would be a fun bingo prize, wrap it up to disguise it, and put it on the prize table when you arrive. Let's keep the surprise prizes going.

Les wanted to remind everyone that you can contact the website [COVIDtests.gov](https://www.covidtests.gov) to order your four free COVID test kits. One order per household.

The Bia meal for February 2 is Pulled Pork, Boiled Potatoes, Fresh Fruit Salad, Dessert. Place your order by Friday, January 28 by calling 920-728-2176 or online at <https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm>

Meals are \$12 with tax included and can be picked up at 2:30 on Wednesdays at Club 55.

Club 55 is located in the Rock Lake Activity Center (RLAC) Building at 229 Fremont St. which is the former St. Paul's Elementary Building. We are open from 10-3 every M, T, W, and Th. Our up-to-date list of activities can be seen on the website <https://www.lakemills.k12.wi.us/recreation/calendar-of-evenrs-club55.cfm>

Check it out and stop in.

Remember if the Lake Mills Public Schools close because of inclement weather we are also closed.